



MUM TO BE PACKAGES

*You are more than deserving, You are a miracle in motion
& we are privileged to be part of the Journey.*

BEAUTIFUL EXPECTANCY

A medium to feather light lymph and muscle relief massage that helps ease the journey to the wonder of life.

150 Minutes : Ushs 215,000

MUMMY TO BE

Lavender Sugar Scrub, Magnolia Luxurious Tissue, Body Oil for stretch marks, scar tissue and very dry skin.

100 Minutes : Ushs 170,000

LIGHTER LEGS

Foot Massage, Mani Pedi Duo Express.

140 Minutes : Ushs 145,000

DESERVINGLY SO

Ease the rush of thoughts and the ache in the feet with this wonderful duo and feel both lifted up and solidly grounded at the same time.

Indian Head Massage, Foot Massage

170 Minutes : Ushs 130,000

GENTLEMEN PACKAGES

Because a man who takes care of himself is King indeed.

GENTLEMEN'S DAY

Turkish Bath, Deep Tissue Massage, Beard shave

135 Minutes : Ushs 280,000

STONED

Hot Stone Massage, Express Mani & Pedi Duo

90 Minutes : Ushs 205,000



Wellness at the heart of Kampala

Holistic, bespoke care centered completely around your wellbeing. Authentic, indulgent surroundings at the heart of Kampala City. We invite you to disconnect and authentically reconnect.



MASSAGE THERAPIES

SWEDISH MASSAGE

A well designed massage that aids in tension release and overall muscle fatigue. A great treat for beginners and those looking for a relaxing medium to firm massage.

SINGLE

60 Minutes : Ushs 95,000
90 Minutes : Ushs 120,000
120 Minutes : Ushs 150,000

COUPLE

60 Minutes : Ushs 180,000
90 Minutes : Ushs 225,000
120 Minutes : Ushs 280,000

AROMATHERAPY

This luxurious essential oil treatment is a great mood lifter which promotes healing & eases muscular aches, pains, & Sprains. Oils are specially extracted from herbs, flowers and fruits to soften, smooth and relax the muscles as well as the soul.

SINGLE

60 Minutes : Ushs 120,000
90 Minutes : Ushs 140,000
120 Minutes : Ushs 160,000

COUPLE

60 Minutes : Ushs 230,000
90 Minutes : Ushs 265,000
120 Minutes : Ushs 300,000

DEEP TISSUE

A truly traditional massage that focuses on the deepest layer of the muscle, connecting tissue and fascia. It's beneficial in releasing chronic muscle tension, repetitive strain, postural problems or recovery from injury.

SINGLE

60 Minutes : Ushs 140,000
90 Minutes : Ushs 170,000
120 Minutes : Ushs 190,000

COUPLE

60 Minutes : Ushs 265,000
90 Minutes : Ushs 320,000
120 Minutes : Ushs 355,000

HOTSTONE MASSAGE

A deeply relaxing massage that uses both hands and hot stone techniques to ease built up muscular tension. Hot stones will be used to massage the pressure points helping the muscle to loosen from its point of stress.

SINGLE

60 Minutes : Ushs 120,000
90 Minutes : Ushs 160,000
120 Minutes : Ushs 180,000

COUPLE

60 Minutes : Ushs 230,000
90 Minutes : Ushs 305,000
120 Minutes : Ushs 340,000

CALABASH HAMMAM RITUALS

Blending ancient traditions and cutting edge technology, our body scrubs soothe sore muscles and leave your skin radiant.

TURKISH BATH ONLY

Relax and unwind as we begin an authentic body cleansing ceremony. It starts with relaxation in a room heated by a continuous flow of hot, wet and dry air, allowing the bather to perspire freely. The gentle heat softens the skin, preparing the skin for exfoliation on our heated stone bed, followed by a foam massage and ending with a body butter application.

SINGLE

45 Minutes : Ushs 150,000

COUPLE

45 Minutes : Ushs 290,000

HAMMAM + AROMATHERAPY

A full Hammam experience, which include a full exfoliation using Turkish traditional methods, following a foaming massages and a body & hair rinse, after which you will be taken to a another room for a 60 Min Aromatherapy Massage.

SINGLE

105 Minutes : 250,000

COUPLE

105 Minutes : Ushs 475,000

HAMMAM + COFFEE SCRUB ANTI AGEING

The anti-oxidant in the coffee scrub Hammam and Hammam heat coupled with the gentle but firm movements from the therapist will remove your dry, dead skin, to reveal new, healthy-looking skin and relax your muscles as end with firm body butter application.

SINGLE

75 Minutes : Ushs 220,000

COUPLE

75 Minutes : Ushs 420,000

ROYAL HAMMAM EXPERIENCE

For a Royal Hammam experience, on any of the above Hammam treatments, you can upgrade to a Silk Glove for 30,000 shs. The Silk Glove has being used since the beginning of the 14th century, especially by the Turkish Sultans for unwinding after a day of imperial stress.

Upgrade : Ushs 30,000

CALABASH PACKAGES

Because sometimes more is exactly what you need.

Our custom salon and spa packages are the ultimate way to enjoy not just one, but a collection of our most requested services and treatments in a single day. Go beyond the ordinary and indulge in some of the most luxurious and beneficial treatments we have to offer.

INDIVIDUAL PACKAGES

Take time out of the day and travel wide and far within yourself.

PAMPER MYSELF

Lavender Sugar Scrub Aromatherapy Massage

100 Minutes : Ushs 195,000

BLOWN AWAY

Hamam & Aromatherapy Hair wash & Blowdry/Style

150 Minutes : Ushs 285,000

GLOW - RECOMMENDED FOR WOMEN

180 Minutes : Ushs 285,000

Lemon and Mint Scrub Express Facial treatment Aromatherapy

COUPLE PACKAGES

Nothing beats together and no one understands it more than us.

INTIMATE (2PAX)

Hamam & Aromatherapy, 2 glasses of wine (on the balcony)

105 Minutes : Ushs 475,000

INDULGENCE FOR TWO (2 PAX)

Swedish Massage, Coconut & Almond Scrub, Mani & Pedi Express

150 Minutes : Ushs 465,000

WHEN WE MET (2PAX)

90 Minutes : Ushs 437,000

Deep Tissue Massage, Rose filled bubble bath with 2 glasses of wine

TRAVELLERS MASSAGE

Welcome to Kampala! Take this journey within yourself and forget about the tiresome long flights and travels. Allow us to take care of you and the travel tension from your mind and soul.

SINGLE

60 Minutes : Ushs 95,000

COUPLE

60 Minutes : Ushs 180,000

NECK, BACK & SHOULDER MASSAGE (WITH OIL)

A powerful massage that is especially effective in helping heal tightness of the lower back, stiff necks and sore shoulders – the most common areas to retain the effect of today's stressful life.

SINGLE

45 Minutes : Ushs 65,000

60 Minutes : Ushs 80,000

COUPLE

45 Minutes : Ushs 120,000

60 Minutes : Ushs 150,000

INDIAN HEAD MASSAGE

A luxurious pressure point scalp, neck and shoulder massage that boosts circulations and helps to relieve headaches and sinuses while melting the tension that often sits unwelcome on the shoulders.

SINGLE

45 Minutes : Ushs 65,000

60 Minutes : Ushs 80,000

COUPLE

45 Minutes : Ushs 120,000

60 Minutes : Ushs 150,000

REFLEXOLOGY

Deeply relaxing massage where pressure is applied to certain points on the foot that correspond to organs and systems in the body. Reflexology is very relaxing, especially for people who stand on their feet all day or just have tired, achy feet.

SINGLE

45 Minutes : Ushs 65,000

60 Minutes : Ushs 80,000

COUPLE

45 Minutes : Ushs 120,000

60 Minutes : Ushs 150,000



EXOTIC EXFOLIATION THERAPIES (BODY SCRUBS)

ALL THERAPIES 45 MINUTES : Ushs 75,000



COCONUT & ALMOND EXFOLIATION,

Coconut is rich in vitamins, oils and is a very strong antioxidant. The granules from the almond unclog the pores of the skin and the coconut hydrates you revealing skin soft and smooth to touch.

CINNAMON COFFEE & YOGURT EXFOLIATION

By applying to the skin in a gentle circular motion, coffee cinnamon scrub exfoliates the skin, removing your dry, dead skin, to reveal new, healthy-looking skin underneath.

SALT & TURMERIC GLOW EXFOLIATION

A delightful exfoliation using salt crystal to gently exfoliate, soften and leave your skin glowing and buffed while the anti-inflammatory and healing properties in the turmeric help cleanse and clear up the complexion of the skin. You will finish the treatment with a hydrating and moisturizing cocktail.

LEMON & MINT SCRUB

Naturally refreshing essential lemon oils invigorate the sense while natural essential mint oils have activating properties. Both revitalising the body and mind.

LAVENDER SUGAR SCRUB THERAPY

Not only does it smell fantastic, it's a perfect exfoliator for sensitive skin leaving your skin fully moisturized, by locking in the moisture and acting as a natural antioxidant as well. With this type of scrub we mix in organic coconut oil, granulated sugar and drops of lavender essential oil

GINGER & ORANGE SCRUB

Awaken your senses with this ginger and Orange scrub. An exfoliation ritual designed to revitalise and relax. This invigorating scrub stimulates, tones and leaves the skin sensuously soft.

FACIAL THERAPY

NATURAL FACIALS

All natural products

SINGLE | **COUPLE**

45 Minutes : Ushs 60,000 | 45 Minutes : Ushs 110,000

EXPRESS FACIAL

This mini facial is ideal for those on the go. Your skin is cleansed, lightly exfoliated and gently massaged. A pore refining mask is applied, followed by a light moisturiser. Mask options: Sensitive, Dry, Oily, Combination and Acne.

SINGLE | **COUPLE**

45 Minutes : Ushs 90,000 | 45 Minutes : Ushs 170,000

DEEP CLEANSING FACIAL

(with a simple foot and hand massage)

This 1 hour long facial includes steam ,exfoliation, mask and extraction followed by a face neck and shoulder massage. Mask Options: Sensitive, Dry, Oily, Combination and Acne. Helping to combat Acne and reactive skin. A decongesting and antiseptic skin treatment.

SINGLE | **COUPLE**

60 Minutes : Ushs 120,000 | 60 Minutes : Ushs 230,000



BEAUTY TREATMENTS

We delight in unveiling the beauty that lies within.

HAIR REMOVAL WAXING

(Hot wax) Hair removal done professionally.

BODY WAXING

Full Leg	Ushs 65,000
Half Leg	Ushs 40,000
Full Arm	Ushs 50,000
Half Arm	Ushs 30,000
Underarms	Ushs 30,000
Back	Ushs 70,000
Chest	Ushs 70,000
Tummy	Ushs 70,000

INTIMATE WAXING

Full Brazilian / Hollywood	Ushs 110,000
Bikini line	Ushs 50,000

FACE WAXING

Upper Lip	Ushs 110,000
Chin	Ushs 50,000
Eyebrow Shaping	Ushs 25,000

FULL BODY WAX

Full leg, full arm	Ushs 310,000
Back, chest /tummy, Full brazilian	

FULL FACE WAX

Upper lip, chin, eyebrow shaping, forehead, sides	Ushs 40,000
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FACIAL REMOVAL

Threading

Eyebrows	Ushs 15,000
Upper Lips	Ushs 10,000
Full Face (eyebrow, upper lip, chin, forehead)	Ushs 30,000

Tweezing	Ushs 10,000
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Razor

Eyebrows	Ushs 5,000
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GIRLFRIEND PACKAGES

What's better than sharing a treatment with a friend? A package!

GIRLS OUT NIGHT (2PAX)

Swedish Massage, Express, Mani Pedi Duo Express

140 Minutes : Ushs 300,000

THE LADY WITHIN

Turkish Bath, Hot Stone Massage, Express Facial

165 Minutes : Ushs 350,000



KIDS SPA RITUALS

Take time to bond, connect and make timeless memories with your little ones.

PRINCESS PACKAGE

Mani & Pedi Duo, Blow dry / Simple Style, Free Cookies

Ushs 55,000

KIDS DAY OUT (UPTO THE AGE OF 12YRS)

Mani & Pedi Duo, Mini Kids Facial (Oatmeal & Honey Scrub)

Ushs 60,000

KIDS NAIL BAR

Mani	Ushs 30,000
Pedi	Ushs 30,000
Mani Pedi Duo	Ushs 50,000